

## VOCABULARY PRACTICE

Complete the sentences with words which match the context. One dash stands for one letter.

1. Tooth decay is the result of an infection with certain types of bacteria that use sugars in food to make **ACIDS**.
2. **CARIES** is another name for cavities.
3. The term baby **BOTTLE** caries refers to the fact that children who are put to bed with, or who suck too frequently on *baby bottles* filled with sweet substances like fruit juice, frequently develop tooth decay.
4. Tooth decay is not caused by **BREAST** milk or prolonged breastfeeding.
5. One of the first symptoms of caries is toothache and visible **DISCOLOURED** spots on teeth.
6. Children are more **PRONE** to cavities than children as the enamel is immature.
7. The number of cavities can be reduced by proper **NUTRITION**, good oral hygiene, fewer **SNACKS** in between meals, the use of oral or topical fluorides, and topical **SEALANTS**.
8. Sealants are **RECOMMENDED** for all permanent molars in children.
9. A new **FILLING** material that is increasing in popularity is porcelain.
10. It is advised to clean baby's or **TODDLER**'s teeth after every feeding or meal, starting from their teeth's first emergence.

Read the text about dental sealants. Complete it with words from the table.

One highly effective 1)\_\_\_ option \_\_\_\_\_ to help prevent cavities is dental sealants. Dental sealant is a thin plastic film painted on the chewing 2)\_\_\_ surface \_\_\_\_\_ of teeth. Dental sealants have been proven to be a safe and 3)\_\_\_ cost-efficient \_\_\_\_\_ dental procedure for patients prone to cavities. Studies show that many children are 4)\_\_\_ exceptional \_\_\_\_\_ candidates for dental sealants. Parents should consider sealants as a 5)\_\_\_ preventive \_\_\_\_\_ measure in their child's oral health and discuss this option with their dentist." Surveys show the majority of all cavities occur in the narrow pits and 6)\_\_\_ grooves \_\_\_\_\_ of a child's newly erupted teeth because food particles and bacteria are not easily cleaned out. Dental sealants act as a 7)\_\_\_ barrier \_\_\_\_\_ to "seal-off" space between the tooth surface and any small food particles or bacteria that may otherwise cause a cavity in an "unsealed" tooth. Paired with twice-daily 8)\_\_\_ brushing \_\_\_\_\_ with a fluoridated toothpaste, a healthy 9)\_\_\_ diet \_\_\_\_\_ and visiting the dentist twice a year to monitor the sealants' placement or bond on the tooth, properly applied dental sealants are 100-percent effective in preventing cavities.

Match words and definitions

1. TODDLER	A. an infant who is only hours, days, or up to a few weeks old, neonate is another term used here
2. INFANT	B. young children between the ages of 1 month and 12 months
3. NEWBORN	C. a child who is old enough to talk and walk but who is too young to go to school
4. PRE-TEEN	D. a child between the ages of one and three.
5. PRE-SCHOOLER	E. a term synonymous to infant
6. BABY	F. a child between the ages 9-13 years.

1. D
2. B
3. A
4. F
5. C
6. E