

CONNECTION BETWEEN ORAL HEALTH AND OTHER HEALTH PROBLEMS

Find antonyms of the following words

1. outer- inner
2. attack- defense
3. strong/resistant- brittle
4. full-term- premature
5. harmful- harmless
6. sufficient- inadequate

Match definitions with terms from the table

9. osteoporosis	3. artery	4. heart valve
5. stroke	6. blood stream	7. cardiac arrest
8. diabetes	1. endocarditis	2. premature birth

Look at this short extract. Complete the text with proper forms of words in brackets.

“There are a lot of studies that 1) __suggest__ (SUGGESTION) that oral health, and gum disease in particular, are 2) __related__ (RELATION) to serious conditions like heart disease. So can preventing periodontal disease, a disease of the gums and bone that support the teeth, with 3) __brushing__ (BRUSH) and flossing prevent heart disease?

The evidence isn't clear yet, experts say, but it's 4) __intriguing__ (INTRIGUED). In general, people with periodontal disease are almost 5) __twice__ (TWO TIMES) as likely to have coronary artery disease (also called heart disease). And one study found that the presence of common problems in the mouth, including gum disease (gingivitis), cavities, and missing teeth, were as good at 6) __predicting__ (PREDICTION) heart disease as cholesterol levels.

Everyone should make a special effort to 7) __prevent__ (PREVENTION) oral health problems. That's especially 8) __true__ (TRUTH) for people who are at higher risk of developing heart disease. If one already has periodontal disease, he/she certainly shouldn't ignore it. In many cases, one may just need to learn 9) __better__ (GOOD) brushing and flossing habits. More 10) __advanced__ (ADVANCE) cases of periodontal disease may require a trip to the dentist for a careful cleaning of the roots of the teeth, called scaling and root planning, or surgery.”