

Substitute underlined words with their synonyms from a GLOSSARY section.

1. Different causes contribute to oral ulcers in different patients. FACTORS
2. Some patients experience episodes of painful sores from time to time. OCCASIONALLY
3. Iron deficiency can cause mouth ulcers. TRIGGER
4. Typical oral sore is painful and its edges are elevated. RAISED
5. Oral ulcers tend to come back. RECUR
6. If you notice that sores are spreading all over your body you must consult with your GP or a dentist. SPOT
7. Lack of vitamin B12 is a common reason of oral sores. DEFFICIENCY
8. Menstrual bleeding may bring the symptoms oral ulcers on. PERIOD

Complete the short text about the importance of ulcer localization in proper diagnosis, and complete it with words from a table

Traumatic (6)	necrotizing ulcerative gingivitis (1)	Tissues (3)
acute necrotizing ulcerative gingivitis (2)	Border (8)	Unilateral (4)
Anterior (9)	Reactivation (5)	Recurrent aphthous stomatitis (7)

Rearrange the words to create questions or pieces of advice for an oral mouth sufferer

- 1 / Make sure that underlying causes such as IBS or diabetes mellitus are managed properly.
2. Don't brush your teeth vigorously.
3. Rinse your teeth regularly with slightly salted water.
4. How painful is the sore
5. Are the borders of the ulcer raised?
6. Avoid spicy and hot foods until the ulcers heal.
7. If you are troubled by frequent attacks of recurrent sores see your dentist
8. How long have your ulcers lasted for?
9. Do you use dentures?
10. Have you experienced any major or minor injury to your mouth?

Complete the instructions of proper use of oral corticosteroids with a proper form of words in brackets

How to use hydrocortisone buccal tablets

- Before you begin this 1) ...*treatment*....(to treat) read the manufacturer's printed information leaflet.
- Always follow your doctor's or dentist's instructions.

- Put one buccal tablet in your mouth, near or on the ulcer, and let it 2) ...*dissolve*..... (solve) slowly. Do not suck the tablet.
- Use hydrocortisone buccal tablets four times 3) ...*daily*... (day) until the ulcer has healed.
- If your symptoms do not 4) ...*improve*.... (improvement) within five days or if they get 5) ...*worsen*. (bad), ask your pharmacist, doctor or dentist for 6) ...*further*.. (far) advice.
- Keep all medicines out of the reach and 7) ...*sight*..... (to see) of children.
- Store in a cool, dry place, away from 8) .....*direct*.... (direction) heat and light.
- Hydrocortisone buccal tablets can occasionally cause oral thrush, which causes a sore mouth, often with white patches on the tongue and insides of the cheeks. If this becomes 9) .....*troublesome*. (trouble), ask your doctor, dentist or pharmacist for further 10) .....*advice*.. (to advise).