

## ENGLISH FOR DENTISTS IN PRACTICE

### ***PART TWENTY-ONE: TOOTH WHITENING- answers*** **VOCABULARY PRACTICE**

Look at this list of shade-taking procedure. Substitute words in brackets with corresponding words from the table.

#### **Tips for shade-taking**

- If possible, 1) \_\_\_determine\_\_\_ (*establish*) the shade under daylight conditions or standardised daylight lamps, and not under normal indoor lighting conditions.
- The shade-taking 2) \_\_\_environment\_\_\_ (*place*) should preferably be in 3) \_\_\_muted\_\_\_ (*subdued/softened*) colours. Patients should be asked to remove lipstick or any cosmetics which could have an 4) \_\_\_influence\_\_\_ (*impact*) on shade-taking. Clothing in 5) \_\_\_pronounced\_\_\_ (*distinct*) colours should be covered with a grey overall.
- Make your choice 6) \_\_\_swiftly\_\_\_ (*fast*); always accept your first decision, since the eyes begin to tire after approx. 5 – 7 seconds.

#### **Procedure:**

- Hold the shade guide at a 7) \_\_\_suitable\_\_\_ (*appropriate*) distance (at arm's length) against the patient's mouth.
- Make your choice of shade without 8) \_\_\_hesitation\_\_\_ (*uncertainty*) by comparing the shade samples of the shade groups A – D with the natural tooth.
- Disinfect the shade guide after every shade-taking procedure. If 9) \_\_\_selection\_\_\_ (*choice*) according to lightness values instead of shade values is desired, we 10) \_\_\_recommend\_\_\_ (*suggest*) that the shade samples be arranged in the following order:

Word formation. Complete the missing information in the table below.

NOUN	VERB	ADJECTIVE
sensitivity	-----	sensitive
requirement	require	required
irritation	irritate	irritated
development	develop	developing/developed
discolouration	discolour	discoloured
neglegence	neglect	neglected
exposition	expose	exposed

excess

excessive

*Now, complete these sentences with one word from the table above.*

1. Tooth \_\_\_sensitivity\_\_\_\_\_ is one of the most common undesirable effects of dental bleaching.
2. When done under trained hands, the side effects are \_\_\_neglected\_\_\_\_\_ and limit themselves to slight sensitivity of teeth, which may last for about a few hours to a few days post the bleaching session.
3. Depending on the type of treatment done (in office/at home), bleaching may \_\_\_develop\_\_\_\_\_ from about a one hour office visit to multiple weeks(if done at home) before you get the desired shade of your teeth.
4. Sometimes the gums might get \_\_\_irritated\_\_\_\_\_ due to the seepage of the bleaching agent to the gums.
5. Coffee, red wine, certain types of fruit or vegetable may cause \_\_\_discolouration\_\_\_\_\_.
6. The results of bleaching do not last forever. Improper diet or oral hygiene are responsible for \_\_\_development\_\_\_\_\_ of stains on ones teeth.